

OAKLAND CUSD #5

**HS HEALTH**  
**MAY 1 1-15, 2020**

BRIAN ANDERSON

**Week of May 11-May 15, 2020**  
**Mr. Anderson High School Health**  
**\*LAST WEEK of REMOTE LEARNING**

Please pick 1 of the 3 activities to do for the week. Please submit to my email or if you don't have access or feel comfortable sharing electronically, you may turn in the assignment to the homework box located in the Lake Crest foyer. I'm really excited to see what you are doing, feel free to share a little note and let me know what you've been up to. Miss all of you, STAY SAFE.

My email is [brian.anderson@oakland5.org](mailto:brian.anderson@oakland5.org). My phone number is 217-218-5420, if you have any questions, do not hesitate to call. Like I mentioned earlier, assignments may be turned in to the homework box in the Lake Crest foyer, if they are not emailed. My office hours are 10am-Noon but feel free to call/email anytime outside of those hours as well & I will get back with you as soon as possible.

| Class              | Choice 1   | Choice 2  | Choice 3 (Enrichment)   |
|--------------------|--|---|---|
| High School Health | <p>Write about 1 thing that you learned this semester in Health Class. Elaborate on it, research more, if needed.</p> <p>*Article should be <math>\frac{3}{4}</math> to 1 page summary.</p> <p>*Email finished product to me or if handwritten, turn in to the Lake Crest foyer.</p> | <p>Write about 1 thing (or more than one) that you miss about being in school. Elaborate, tell me why.</p> <p>*Article should be <math>\frac{3}{4}</math> to 1 page summary.</p> <p>*Email finished product to me or if handwritten, turn in to the Lake Crest foyer.</p> | <p>Work on your mental Health.<br/>(JOURNALING)</p> <p>Write about 1 positive thing that has happened to you during this stay-at-home, no in school learning time. (Can't put No School)</p> <p>*Write <math>\frac{3}{4}</math> to 1 page paper</p> <p>*Email finished product to me or if handwritten, turn in to the Lake Crest foyer.</p> <p>* Can't wait to hear from you</p> |